

Jason R. Malousek

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Academic History

The School of Professional Psychology at Forest Institute

Doctorate of Psychology—Clinical Psychology

Springfield, MO

August 2015

Doctoral Project: "*It's a Roller Coaster Ride!*": *A Qualitative Study of the Impact of Caring for a Foster Child from the Foster Parent's Perspective*

The School of Professional Psychology at Forest Institute

Post-graduate Degree Certificate in Marriage and Family Therapy

Springfield, MO

October 2013

Doane College

Masters of Arts in Counseling

Lincoln, NE

May 2008

University of Nebraska—Lincoln

Major in Psychology; Minor in Biology

Lincoln, NE

August 1999

Professional Licensure

LP # 2430 in the State of Kansas—Issue date: 7/29/16

Clinical Experience (Employment, Internship, Practicum work)

The Guidance Center

Clinical Director

Leavenworth, KS

December 2016-current

The Guidance Center

Training Director

Position: **Training Director; Clinical Psychologist**

Leavenworth, KS

October 2016-current

The Guidance Center

Associate Training Director

Position: **Associate Training Director; Clinical Psychologist**

Leavenworth, KS

July 2016-October 2016

The Guidance Center

Community Support Services

Position: **Program Director**

Leavenworth, KS

September 2015-July 2016

The Guidance Center

Community Mental Health and Assessment

Position: **Post-Doctoral Fellow**

Leavenworth, KS

July 2015-July 2016

The Guidance Center

Community Mental Health and Assessment

Position: **Doctoral Level Intern**

Leavenworth, KS

July 2014-July 2015

Robert J. Murney Clinic Assessment Team

Community Mental Health-Assessment

Position: **Outpatient Psychological Trainee**

Springfield, MO

August 2013—2014

- **Duties:** Structured intakes for assessment, psychological assessment, psychodiagnostic assessment, case conceptualization, assessment interpretation,

report writing, and providing feedback to clients

- **Patient Population:** Community mental health clinic, children, adolescents, and adults with a wide range of psychopathology
Licensed Supervisor: Steven Akeson, PsyD

Hand in Hand Multicultural Center

Harmony House Domestic Violence Shelter for Women and Children

Cox Nursing College Counseling Center

Community Mental Health and Assessment

*Position: **Outpatient Psychological Trainee***

- **Duties:** Structured intakes, biopsychosocial report writing, case conceptualization, assessment interpretation, report writing, providing feedback, individual psychotherapy, group psychotherapy, family psychotherapy, psychoeducational groups, parenting classes, diagnosis, psychological and psychodiagnostic assessment, case conceptualization, multidisciplinary case consultation, case management, group mock supervision, didactic presentations, and community outreach
- **Patient Population:** Community mental health clinic specializing in diverse populations, children, adolescents, and adults with a wide range of psychopathology, college students, college employees, victims of domestic violence, and families
Licensed Supervisor: Judith Gonzalez, PsyD

Robert J. Murney Clinic

Community Mental Health and Assessment

*Position: **Outpatient Psychological Trainee***

- **Duties:** Structured intakes, biopsychosocial report writing, treatment planning, case conceptualization, assessment interpretation, report writing, providing assessment feedback, individual psychotherapy, group psychotherapy, family psychotherapy, couples psychotherapy, psychoeducational groups, parenting classes, diagnosis, psychological and psychodiagnostic assessment, and community outreach
- **Patient Population:** Community mental health clinic, children, adolescents, and adults with a wide range of psychopathology
Licensed Supervisors: Rebecca Roller, PsyD; Pat McLean, LMFT; Kristina Brown, PhD; Jennifer Baker, PsyD

Child Guidance Center Outpatient and Choices Program

Outpatient Therapy

*Position: **Masters Level Intern***

- **Duties:** Co-facilitated and facilitated group therapy in adolescent drug and alcohol treatment with mental health counseling, individual counseling, drug and alcohol assessments, completed daily progress notes, treatment plans, and discharge summaries.
- **Patient Population:** Adolescents attending high school identified as having an issue related to drugs and/or alcohol-- for themselves, their peers, or their parents. Each client attended a group and individual session weekly. One of the primary goals of the program was to identify the potential for problematic drug and alcohol use before problems were exacerbated. Many clients were dually diagnosed.
Licensed Supervisor: Jill Wertz, MA, LMHP, LADC; Kevin Benesch, PhD

Connecting Links

Intensive Outpatient Drug and Alcohol Treatment

*Position: **Masters Level Intern***

- **Duties:** Co-facilitated and facilitated group therapy for drug and alcohol treatment with mental health counseling, individual counseling, drug and alcohol assessments, completed daily progress notes, treatment plans, and discharge summaries.
- **Patient Population:** Adults diagnosed with substance abuse and/or dependence and requiring intensive outpatient drug and alcohol treatment. Clients were referred by the courts as part of sentencing or pre-trial assessment. Treatment included four three-hour group sessions a week and one weekly individual session. Many clients were dually diagnosed.
Licensed Supervisor: Tina Arsiaga, MA, LMHP; Jill Giffellan, LADC

Peck Psychotherapy

Intensive Outpatient Drug and Alcohol Treatment

*Position: **Masters Level Intern***

- **Duties:** Completed pretreatment assessments, co-facilitated a domestic violence group, completed drug and alcohol assessments, and developed a curriculum for a dating violence group.

Springfield, MO
January 2013—2014

Springfield, MO
January 2012—January 2013

Lincoln, NE
January 2007-May 2008

Lincoln, NE
January 2007-May 2008

Lincoln, NE
January 2007-May 2008

- **Patient Population:** Ages 6-70 with an array of clinical issues and diagnoses.
Licensed Supervisor: Linda Peck, LMHP

Related Work Experience

The Guidance Center

Community Mental Health and Assessment
Position: **Doctoral Level Intern**

Leavenworth, KS
July 2014-July 2015

Cox Health Psychiatric Hospital

Inpatient Psychiatric Treatment
Position: **Psychiatric Technician**

Springfield, MO
March 2011—March 2014

- **Duties:** Serve as a member of team that maintains a therapeutic milieu for older adults undergoing Inpatient psychiatric care because of a high-risk incident/s. Additionally, plan and supervise therapeutic activities, lead weekly psychotherapy groups related to mental health treatment, complete daily documentation, participate in crisis intervention, suicide assessment and prevention, and offer floating care to other populations/floors (e.g., child and adolescent, young adult, severe psychopathology)
- **Patient Population:** Ages 6-92 with a diverse range of psychopathology that requires inpatient care
Supervisor: Reba Woolverton

Visinet, Inc

Community Mental Health
Foster Care Services
School Therapy
Outpatient Therapy
In-Home Therapy
Position: **Provisionally Licensed Mental Health Practitioner**

Lincoln, NE
June 2008—April 2010

- **Duties:** Maintain a caseload of 20+ clients and provide therapy (both individual and family) and case management, collaborate with multi-disciplinary teams (schools, case managers, service coordinators, Health and Human Services, etc) to ensure coordination of care, biopsychosocial assessments, treatment plans, therapy-related court documents, progress notes, and 90-day treatment updates.
- **Patient population:** Children and Adolescents between the ages of 5-19, adults, and families. Half of my caseload was made up of children, families, and adults with Department of Health and Human Services involvement and the other half included children and adolescents who were referred by the Lincoln Public School district.
Licensed Supervisors: Jacquie Winbolt, MA, LMHP and Michael Neise, PhD

Child Guidance Center Extended Day Treatment Program

Day Treatment Program- Intensive Therapy
Residential Treatment Program for Juvenile Sexual Offenders
Position: **Youth Treatment Specialist**
Youth Treatment Specialist Supervisor

Lincoln, NE
June 2000—June 2007

June 2000—June 2005
June 2005—June 2007

- **Duties:** Serviced as a member of a team that planned and implemented mental health treatment for youth ages 6-12 with severe emotional and behavioral disorders, planned and supervised therapeutic activities in the program milieu, worked in collaboration with three therapists and two psychologists to ensure each client received treatment specific to their needs, served as primary on-site risk management personnel, worked in conjunction with the clinical supervisor to keep the ensure the program met the standards set by the accreditation group, completed daily documentation pertaining to clients' goals and progress, distributed medication on a daily basis (Certified Medication Aid 2000-2007), hired, trained, and supervised Youth Treatment Specialists
- **Patient Population:** Children between the ages of 6-12 with severe behavioral and emotional disorders and their families. Each client attended the program for four hours each day. One of the primary goals of the program was to keep high-risk children out of residential treatment. At the Residential Treatment Facility the population consisted of juveniles convicted of sexual offenses.
Licensed Supervisors: Laurie Patton, MS and Kevin Benesch, PhD

Publications

Malousek, J. R., & Colburn-Malousek, L. K. (2016). Child abuse in the United States. In *Encyclopedia of Family Studies*. Gainesville, FL: Wiley-Blackwell

Oral Presentations & Trainings

Malousek, J. (2017). *Understanding & Treating Psychosis at the CMHC Level*. Presented at the Guidance Center as part of a CEU didactic.

Malousek, J. (2017). *Treating Rural America*. Presented at the Guidance Center as part of a CEU didactic.

Malousek, J. (2017). *Family Therapy: The Basics*. Presented at the Guidance Center as part of a CEU didactic.

Malousek, J. (2016, 2017). *Providing Clinical Supervision*. Presented at the Guidance Center as part of a CEU didactic.

Malousek, J. (2016). *Psychopharmacology: An introduction*. Presented at the Guidance Center as part of a CEU didactic.

Malousek, J. (2016). *Competency Evaluations*. Presented at the 2017 CIT.

Malousek, J. (2016, 2017). *Suicide: A guide for family clinicians*. Presented at the Guidance Center as part of a CEU didactic.

Malousek, J. (2016, 2017). *The ethical clinician: Navigating through common dilemmas and pitfalls*. Presented at the Guidance Center as part of a CEU didactic.

Malousek, J., & Colburn-Malousek, L. (2016). *Helping the helpers: Barriers and interventions in foster care*. Presented at the Guidance Center as part of a CEU didactic.

Malousek, J., & Colburn-Malousek, L. (2014). *Foster parenting in the wake of trauma: Specific Interventions (Transitions, Food Issues, and Anger)*. Presented March 2014 as part of a training seminar for Missouri Baptist Children's Home Foster Care Agency, Springfield, Missouri

Malousek, J., & Colburn-Malousek, L. (2013). *Foster parenting in the wake of trauma: Specific Interventions*. Presented October 2013 as part of a training seminar for Missouri Baptist Children's Home Foster Care Agency, Springfield, Missouri

Malousek, J., & Colburn-Malousek, L. (2013). *Foster parenting in the wake of trauma*. Presented at the 2014 Missouri Association for Marriage and Family Therapy Annual Conference, St. Louis, Missouri.

Malousek, J., & Colburn-Malousek, L. (2013). *Foster parenting in the wake of trauma*. Presented September 2013 as part of a training seminar for Missouri Baptist Children's Home Foster Care Agency, Springfield, Missouri

Malousek, J., & Colburn-Malousek, L. (2013). *Being mindful: How to improve presence and avoid burnout as a family therapist*. Presented at the 2013 Missouri Association for Marriage and Family Therapy Annual Conference, Columbia, Missouri.

Malousek, J., & Colburn-Malousek, L. (2013, January). *Recognizing depression in someone you love*. Invited oral presentation for community "Lunch and Learn" at the Robert J. Murney Clinic, Springfield, Missouri.

Malousek, J. (2012, November). *Teenage Relationships: Everything You Should Know About Dating Violence*. Invited oral presentation at Parkview High School, Springfield Independent School District, Springfield, Missouri.

Malousek, J., & Colburn-Malousek, L. (2012). *Helping the helpers: Barriers and interventions in foster care*. Presented at the 2012 Missouri Association for Marriage and Family Therapy Annual Conference, Springfield, Missouri.

Malousek, J., & Colburn-Malousek, L. (2012, October). *Recognizing depression in someone you love*. Invited oral presentation for community "Lunch and Learn" at the Robert J. Murney Clinic, Springfield, Missouri.

Malousek, J., & Colburn, L. (2011). *In-home therapy from the trenches: Skills, benefits, and pitfalls*. Presented at the 2011 Missouri Association for Marriage and Family Therapy Annual Conference, St. Louis, Missouri.

Malousek, J., & Colburn, L. (2011). *In-home therapy from the trenches: Skills, benefits, and pitfalls*. Invited oral presentation at Ozark Chapter of Marriage and Family Therapy bimonthly meeting, Springfield, Missouri.

Malousek, J., & Colburn, L. (2011). *In-home therapy from the trenches: Skills, benefits, and pitfalls*. Invited oral presentation for colloquium Marriage and Family Therapy Student Group at Forest Institute of Professional Psychology, Missouri

Poster Presentations

Malousek, J., & Colburn, L. (2011). *Alzheimer's disease: A family system's perspective*. Poster presented at Missouri Psychological Association Annual Conference, Springfield, Missouri

Ogbeide, S. A., Price, K., Rougeaux-Burnes, G., Sibson, J., Malousek, J., & Spencer, M. (2012). *Achieving interdisciplinary health care for older adults: Qualitative insights from primary care trainees*. Poster presented at the 33rd Annual Meeting and Scientific Sessions for the Society of Behavioral Medicine, New Orleans, Louisiana

Stermensk II, G., Malousek, J., & Chavez, J. (2012). *Boomerang generation families & unique challenges: Selected evidence*. Presented at the 2012 Missouri Association for Marriage and Family Therapy Annual Conference, Springfield, Missouri

Research Participation

Ogbeide, S. A., Price, K., Rougeaux-Burnes, G., Sibson, J., Malousek, J., & Spencer, M. (2012). *Achieving interdisciplinary health care for older adults: Qualitative insights from primary care trainees*. Data presented via poster presentation at the 33rd Annual Meeting and Scientific Sessions for the Society of Behavioral Medicine, New Orleans, Louisiana

Baker, J., Malousek, J. R., Colburn-Malousek, L. K., Irons, Cambell, T., Bussell, B. (2015). *Quality assurance and impact for wellness programming and education*. Data presented as a collaboration effort with Cox Health and diabetes education.

Teaching Experience

University of Kansas

Adjunct Professor; 540 & 541 Social Welfare Research; 830 Social Work in Child and Family Settings

Lawrence, KS

August 2016-current

University of Kansas City

Adjunct Professor: Biopsychosocial (Doctoral Level)

Kansas City, MO

January 2018-current

Forest Institute

Teaching/Lab Assistant (Supervisor: Phillip Pegg, PhD)

Springfield, MO

August 2012-December 2012

- **Course:** Cognitive Assessment
- **Recipients:** Doctoral-level clinical psychology students
- **Duties:**
 - Facilitated the completion of course requirements (practice administrations, presentations)
 - Assisted students with specific concerns related to material covered in lecture, lab, or class readings
 - Assisted with cognitive assessment lab activities (Wechsler Adult Intelligence Scale-Fourth Edition (WAIS-IV), Wechsler Intelligence for Children-Fourth Edition (WISC-IV), Wechsler Abbreviated Scale of Intelligence (WASI))

Scholarships, Honors, and Awards

- **2015 Forest Commencement Speaker**
Selected by peers and faculty to provide the PsyD representative commencement speech in 2015
- **2015 National Register of Health Service Psychologists Credentialing Scholarship**
- **2014 Forest Nomination 2013 MOAMFT Student Award**
The Student Award is given to a marriage and family therapy student who has an outstanding record of community service and academic excellence.
- **2013 MOAMFT Student Scholarship Award**

Awarded to select MOAMFT Student members who presented at the 2013 MOAMFT Conference

- **2013, 2012, 2011 OCMFT Student Sponsorship Award**

Awarded to select OCMFT Student members who presented at the yearly MOAMFT Conference

- **2013, 2012 Forest Student Travel Award**

Awarded to select students who presented in out of state conferences

- **2013 Forest Research Award**

Awarded to select students to support proposed or ongoing research projects

- **2013 Doctoral Project Award**

Awarded to select students to support and promote quality research methodology and best practice procedures pertaining to the doctoral project

- **2009-2010 Lincoln Public Schools Gold Star Award**

Each Lincoln Public School faculty and administration nominates one person per school year who demonstrates excellence in community service and educational provision.

- **2008 Doane College Student of the Year Award (Yearly Dean's Award)**

Awarded to one graduating student in the Masters of Arts in Counseling program each year that has demonstrated academic and clinical excellence. Student is nominated by his or her peers and Doane faculty.

Professional Affiliations

Kansas Psychological Association <i>Early Professional Board Member</i>	2016—present
American Psychological Association <i>Full Membership (Div 12 and 43)</i>	2010—present
Missouri Psychological Association <i>Student Membership</i>	2013—2015
Delta Kappa: The International Marriage and Family Therapy Honor Society <i>Student Membership—Executive Vice President</i>	2012—2015
American Association for Marriage and Family Therapy <i>Student Membership</i>	2012—2015
Ozark Chapter of Marriage and Family Therapy <i>Student Membership</i>	2010—2015
American Counseling Association <i>Clinical Membership</i>	2007—2010

Professional Development

ADOS-2 Training (2018)

ASIST Training (2018)

Achievement Test Administration and Interpretation
Glenna Weis, PhD

Springfield, MO
February 2013

Love and Logic Certified Facilitator Training
Glenna Weis, PhD

Springfield, MO
December 2012

SAHMSA Anger Management Certified Facilitator

Springfield, MO
December 2012

Trauma-Focused Cognitive Behavioral Therapy Training <i>Online Webinar</i>	Lincoln, NE October 2008
Nebraska Adolescent Perpetration Network Conference <i>Toni Cavanagh Johnson, PhD</i>	Lincoln, NE December 2008
Trauma Informed Care Training <i>Ann Jennings, PhD</i>	Lincoln, NE September 2008
Client-Directed, Outcome Informed Therapy Training <i>Scott Miller, PhD</i>	Lincoln, NE August 2008
Nebraska Adolescent Perpetration Network Conference <i>Jan Hindman, PhD</i>	Lincoln, NE November 2007
Client-Directed, Outcome Informed Therapy Training <i>Scott Miller, PhD</i>	Lincoln, NE August 2007
Strength-Based Approach: Moving from Control to Collaboration Trauma Informed Care Training <i>Beth Caldwell, M.S.</i>	Lincoln, NE May 2007
Myers-Briggs Certified Administrator	Lincoln, NE Spring 2007
Advanced Trauma Informed Care Training <i>Beth Caldwell, M.S.</i>	Lincoln, NE May 2006
Autism Summit	Lincoln, NE March 2006
Crisis Prevention Intervention Training <i>Robert House, M.S.</i>	Lincoln, NE 2000-2007 (yearly training)
Omaha Home for Boys Youth Worker Certification Trainings Gangs, Behavioral Health, Street Drugs, Crisis Management, Anger, Medication	Lincoln, NE 2002-2005
Collaborative Problem Solving When Treating Explosive Youth <i>Dr. Ross Greene</i>	Lincoln, NE 2000-2009

Professional References

David Barnum, PhD
Clinical Supervisor, Advisor, Mentor
785-550-1018

Dan Wise, PhD
Clinical Supervisor, Advisor, Mentor
DWise@responsivecenters.com
816-721-3932

Keith Rickard, MS, LCP, MBA
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