

# Jason R. Malousek

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## Academic History

### **The School of Professional Psychology at Forest Institute**

Doctorate of Psychology—Clinical Psychology

**Springfield, MO**

August 2015

Doctoral Project: "*It's a Roller Coaster Ride!*": *A Qualitative Study of the Impact of Caring for a Foster Child from the Foster Parent's Perspective*

### **The School of Professional Psychology at Forest Institute**

Post-graduate Degree Certificate in Marriage and Family Therapy

**Springfield, MO**

October 2013

### **Doane College**

Masters of Arts in Counseling

**Lincoln, NE**

May 2008

### **University of Nebraska—Lincoln**

Major in Psychology; Minor in Biology

**Lincoln, NE**

August 1999

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## Professional Licensure

LP # 2430 in the State of Kansas—Issue date: 7/29/16

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## Clinical Experience

### **The Guidance Center**

*Clinical Director*

**Leavenworth, KS**

December 2016-current

### **The Guidance Center**

*Training Director*

Position: **Training Director; Clinical Psychologist**

**Leavenworth, KS**

October 2016-current

### **The Guidance Center**

*Associate Training Director*

Position: **Associate Training Director; Clinical Psychologist**

**Leavenworth, KS**

July 2016-October 2016

### **The Guidance Center**

*Community Support Services*

Position: **Program Director**

**Leavenworth, KS**

September 2015-July 2016

### **The Guidance Center**

*Community Mental Health and Assessment*

Position: **Post-Doctoral Fellow**

**Leavenworth, KS**

July 2015-current

### **The Guidance Center**

*Community Mental Health and Assessment*

Position: **Doctoral Level Intern**

**Leavenworth, KS**

July 2014-July 2015

### **Robert J. Murney Clinic Assessment Team**

*Community Mental Health-Assessment*

Position: **Outpatient Psychological Trainee**

**Springfield, MO**

August 2013—2014

- **Duties:** Structured intakes for assessment, psychological assessment, psychodiagnostic assessment, case conceptualization, assessment interpretation,

report writing, and providing feedback to clients

- **Patient Population:** Community mental health clinic, children, adolescents, and adults with a wide range of psychopathology  
*Licensed Supervisor: Steven Akeson, PsyD*

**Hand in Hand Multicultural Center**

**Harmony House Domestic Violence Shelter for Women and Children**

**Cox Nursing College Counseling Center**

*Community Mental Health and Assessment*

*Position: **Outpatient Psychological Trainee***

- **Duties:** Structured intakes, biopsychosocial report writing, case conceptualization, assessment interpretation, report writing, providing feedback, individual psychotherapy, group psychotherapy, family psychotherapy, psychoeducational groups, parenting classes, diagnosis, psychological and psychodiagnostic assessment, case conceptualization, multidisciplinary case consultation, case management, group mock supervision, didactic presentations, and community outreach
- **Patient Population:** Community mental health clinic specializing in diverse populations, children, adolescents, and adults with a wide range of psychopathology, college students, college employees, victims of domestic violence, and families  
*Licensed Supervisor: Judith Gonzalez, PsyD*

**Robert J. Murney Clinic**

*Community Mental Health and Assessment*

*Position: **Outpatient Psychological Trainee***

- **Duties:** Structured intakes, biopsychosocial report writing, treatment planning, case conceptualization, assessment interpretation, report writing, providing assessment feedback, individual psychotherapy, group psychotherapy, family psychotherapy, couples psychotherapy, psychoeducational groups, parenting classes, diagnosis, psychological and psychodiagnostic assessment, and community outreach
- **Patient Population:** Community mental health clinic, children, adolescents, and adults with a wide range of psychopathology  
*Licensed Supervisors: Rebecca Roller, PsyD; Pat McLean, LMFT; Kristina Brown, PhD; Jennifer Baker, PsyD*

**Child Guidance Center Outpatient and Choices Program**

*Outpatient Therapy*

*Position: **Masters Level Intern***

- **Duties:** Co-facilitated and facilitated group therapy in adolescent drug and alcohol treatment with mental health counseling, individual counseling, drug and alcohol assessments, completed daily progress notes, treatment plans, and discharge summaries.
- **Patient Population:** Adolescents attending high school identified as having an issue related to drugs and/or alcohol-- for themselves, their peers, or their parents. Each client attended a group and individual session weekly. One of the primary goals of the program was to identify the potential for problematic drug and alcohol use before problems were exacerbated. Many clients were dually diagnosed.  
*Licensed Supervisor: Jill Wertz, MA, LMHP, LADC; Kevin Benesch, PhD*

**Connecting Links**

*Intensive Outpatient Drug and Alcohol Treatment*

*Position: **Masters Level Intern***

- **Duties:** Co-facilitated and facilitated group therapy for drug and alcohol treatment with mental health counseling, individual counseling, drug and alcohol assessments, completed daily progress notes, treatment plans, and discharge summaries.
- **Patient Population:** Adults diagnosed with substance abuse and/or dependence and requiring intensive outpatient drug and alcohol treatment. Clients were referred by the courts as part of sentencing or pre-trial assessment. Treatment included four three-hour group sessions a week and one weekly individual session. Many clients were dually diagnosed.  
*Licensed Supervisor: Tina Arsiaga, MA, LMHP; Jill Giffellan, LADC*

**Peck Psychotherapy**

*Intensive Outpatient Drug and Alcohol Treatment*

*Position: **Masters Level Intern***

- **Duties:** Completed pretreatment assessments, co-facilitated a domestic violence group, completed drug and alcohol assessments, and developed a curriculum for a dating violence group.

**Springfield, MO**  
January 2013—2014

**Springfield, MO**  
January 2012—January 2013

**Lincoln, NE**  
January 2007-May 2008

**Lincoln, NE**  
January 2007-May 2008

**Lincoln, NE**  
January 2007-May 2008

- **Patient Population:** Ages 6-70 with an array of clinical issues and diagnoses.  
*Licensed Supervisor: Linda Peck, LMHP*

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## **Related Work Experience**

### **The Guidance Center**

*Community Mental Health and Assessment*  
Position: **Doctoral Level Intern**

**Leavenworth, KS**  
July 2014-July 2015

### **Cox Health Psychiatric Hospital**

*Inpatient Psychiatric Treatment*  
Position: **Psychiatric Technician**

**Springfield, MO**  
March 2011—March 2014

- **Duties:** Serve as a member of team that maintains a therapeutic milieu for older adults undergoing Inpatient psychiatric care because of a high-risk incident/s. Additionally, plan and supervise therapeutic activities, lead weekly psychotherapy groups related to mental health treatment, complete daily documentation, participate in crisis intervention, suicide assessment and prevention, and offer floating care to other populations/floors (e.g., child and adolescent, young adult, severe psychopathology)
- **Patient Population:** Ages 6-92 with a diverse range of psychopathology that requires inpatient care  
*Supervisor: Reba Woolverton*

### **Visinet, Inc**

*Community Mental Health*  
*Foster Care Services*  
*School Therapy*  
*Outpatient Therapy*  
*In-Home Therapy*  
Position: **Provisionally Licensed Mental Health Practitioner**

**Lincoln, NE**  
June 2008—April 2010

- **Duties:** Maintain a caseload of 20+ clients and provide therapy (both individual and family) and case management, collaborate with multi-disciplinary teams (schools, case managers, service coordinators, Health and Human Services, etc) to ensure coordination of care, biopsychosocial assessments, treatment plans, therapy-related court documents, progress notes, and 90-day treatment updates.
- **Patient population:** Children and Adolescents between the ages of 5-19, adults, and families. Half of my caseload was made up of children, families, and adults with Department of Health and Human Services involvement and the other half included children and adolescents who were referred by the Lincoln Public School district.  
*Licensed Supervisors: Jacquie Winbolt, MA, LMHP and Michael Neise, PhD*

### **Child Guidance Center Extended Day Treatment Program**

*Day Treatment Program- Intensive Therapy*  
*Residential Treatment Program for Juvenile Sexual Offenders*  
Position: **Youth Treatment Specialist**  
**Youth Treatment Specialist Supervisor**

**Lincoln, NE**  
June 2000—June 2007

June 2000—June 2005  
June 2005—June 2007

- **Duties:** Serviced as a member of a team that planned and implemented mental health treatment for youth ages 6-12 with severe emotional and behavioral disorders, planned and supervised therapeutic activities in the program milieu, worked in collaboration with three therapists and two psychologists to ensure each client received treatment specific to their needs, served as primary on-site risk management personnel, worked in conjunction with the clinical supervisor to keep the ensure the program met the standards set by the accreditation group, completed daily documentation pertaining to clients' goals and progress, distributed medication on a daily basis (Certified Medication Aid 2000-2007), hired, trained, and supervised Youth Treatment Specialists
- **Patient Population:** Children between the ages of 6-12 with severe behavioral and emotional disorders and their families. Each client attended the program for four hours each day. One of the primary goals of the program was to keep high-risk children out of residential treatment. At the Residential Treatment Facility the population consisted of juveniles convicted of sexual offenses.  
*Licensed Supervisors: Laurie Patton, MS and Kevin Benesch, PhD*

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## **Publications**

Malousek, J. R., & Colburn-Malousek, L. K. (2016). Child abuse in the United States. In *Encyclopedia of Family Studies*. Gainesville, FL: Wiley-Blackwell

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## **Oral Presentations & Trainings**

- Malousek, J. (2016). *Providing Clinical Supervision*. Presented at the Guidance Center as part of a CEU didactic.
- Malousek, J. (2016). *Psychopharmacology: An introduction*. Presented at the Guidance Center as part of a CEU didactic.
- Malousek, J. (2016). *Competency Evaluations*. Presented at the 2017 CIT.
- Malousek, J. (2016). *Suicide: A guide for family clinicians*. Presented at the Guidance Center as part of a CEU didactic.
- Malousek, J. (2016). *The ethical clinician: Navigating through common dilemmas and pitfalls*. Presented at the Guidance Center as part of a CEU didactic.
- Malousek, J., & Colburn-Malousek, L. (2016). *Helping the helpers: Barriers and interventions in foster care*. Presented at the Guidance Center as part of a CEU didactic.
- Malousek, J., & Colburn-Malousek, L. (2014). *Foster parenting in the wake of trauma: Specific Interventions (Transitions, Food Issues, and Anger)*. Presented March 2014 as part of a training seminar for Missouri Baptist Children's Home Foster Care Agency, Springfield, Missouri
- Malousek, J., & Colburn-Malousek, L. (2013). *Foster parenting in the wake of trauma: Specific Interventions*. Presented October 2013 as part of a training seminar for Missouri Baptist Children's Home Foster Care Agency, Springfield, Missouri
- Malousek, J., & Colburn-Malousek, L. (2013). *Foster parenting in the wake of trauma*. Presented at the 2014 Missouri Association for Marriage and Family Therapy Annual Conference, St. Louis, Missouri.
- Malousek, J., & Colburn-Malousek, L. (2013). *Foster parenting in the wake of trauma*. Presented September 2013 as part of a training seminar for Missouri Baptist Children's Home Foster Care Agency, Springfield, Missouri
- Malousek, J., & Colburn-Malousek, L. (2013). *Being mindful: How to improve presence and avoid burnout as a family therapist*. Presented at the 2013 Missouri Association for Marriage and Family Therapy Annual Conference, Columbia, Missouri.
- Malousek, J., & Colburn-Malousek, L. (2013, January). *Recognizing depression in someone you love*. Invited oral presentation for community "Lunch and Learn" at the Robert J. Murney Clinic, Springfield, Missouri.
- Malousek, J. (2012, November). *Teenage Relationships: Everything You Should Know About Dating Violence*. Invited oral presentation at Parkview High School, Springfield Independent School District, Springfield, Missouri.
- Malousek, J., & Colburn-Malousek, L. (2012). *Helping the helpers: Barriers and interventions in foster care*. Presented at the 2012 Missouri Association for Marriage and Family Therapy Annual Conference, Springfield, Missouri.
- Malousek, J., & Colburn-Malousek, L. (2012, October). *Recognizing depression in someone you love*. Invited oral presentation for community "Lunch and Learn" at the Robert J. Murney Clinic, Springfield, Missouri.
- Malousek, J., & Colburn, L. (2011). *In-home therapy from the trenches: Skills, benefits, and pitfalls*. Presented at the 2011 Missouri Association for Marriage and Family Therapy Annual Conference, St. Louis, Missouri.
- Malousek, J., & Colburn, L. (2011). *In-home therapy from the trenches: Skills, benefits, and pitfalls*. Invited oral presentation at Ozark Chapter of Marriage and Family Therapy bimonthly meeting, Springfield, Missouri.
- Malousek, J., & Colburn, L. (2011). *In-home therapy from the trenches: Skills, benefits, and pitfalls*. Invited oral presentation for colloquium Marriage and Family Therapy Student Group at Forest Institute of Professional Psychology, Springfield, Missouri.
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## **Poster Presentations**

- Malousek, J., & Colburn, L. (2011). *Alzheimer's disease: A family system's perspective*. Poster presented at Missouri Psychological Association Annual Conference, Springfield, Missouri

Ogbeide, S. A., Price, K., Rougeaux-Burnes, G., Sibson, J., Malousek, J., & Spencer, M. (2012). *Achieving interdisciplinary health care for older adults: Qualitative insights from primary care trainees*. Poster presented at the 33<sup>rd</sup> Annual Meeting and Scientific Sessions for the Society of Behavioral Medicine, New Orleans, Louisiana

Stermenski II, G., Malousek, J., & Chavez, J. (2012). *Boomerang generation families & unique challenges: Selected evidence*. Presented at the 2012 Missouri Association for Marriage and Family Therapy Annual Conference, Springfield, Missouri

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## **Research Participation**

Ogbeide, S. A., Price, K., Rougeaux-Burnes, G., Sibson, J., Malousek, J., & Spencer, M. (2012). *Achieving interdisciplinary health care for older adults: Qualitative insights from primary care trainees*. Data presented via poster presentation at the 33<sup>rd</sup> Annual Meeting and Scientific Sessions for the Society of Behavioral Medicine, New Orleans, Louisiana

Baker, J., Malousek, J. R., Colburn-Malousek, L. K., Irons, Cambell, T., Bussell, B. (2015). *Quality assurance and impact for wellness programming and education*. Data presented as a collaboration effort with Cox Health and diabetes education.

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## **Teaching Experience**

### **University of Kansas**

*Adjunct Professor; 540 & 541 Social Welfare Research*

**Lawrence, KS**

August 2016-current

### **Forest Institute**

*Teaching/Lab Assistant (Supervisor: Phillip Pegg, PhD)*

**Springfield, MO**

August 2012-December 2012

- **Course:** Cognitive Assessment
- **Recipients:** Doctoral-level clinical psychology students
- **Duties:**
  - Facilitated the completion of course requirements (practice administrations, presentations)
  - Assisted students with specific concerns related to material covered in lecture, lab, or class readings
  - Assisted with cognitive assessment lab activities (Wechsler Adult Intelligence Scale-Fourth Edition (WAIS-IV), Wechsler Intelligence for Children-Fourth Edition (WISC-IV), Wechsler Abbreviated Scale of Intelligence (WASI))

## **Scholarships, Honors, and Awards**

- **2015 Forest Commencement Speaker**  
*Selected by peers and faculty to provide the PsyD representative commencement speech in 2015*
- **2015 National Register of Health Service Psychologists Credentialing Scholarship**
- **2014 Forest Nomination 2013 MOAMFT Student Award**  
*The Student Award is given to a marriage and family therapy student who has an outstanding record of community service and academic excellence.*
- **2013 MOAMFT Student Scholarship Award**  
*Awarded to select MOAMFT Student members who presented at the 2013 MOAMFT Conference*
- **2013, 2012, 2011 OCMFT Student Sponsorship Award**  
*Awarded to select OCMFT Student members who presented at the yearly MOAMFT Conference*
- **2013, 2012 Forest Student Travel Award**  
*Awarded to select students who presented in out of state conferences*
- **2013 Forest Research Award**  
*Awarded to select students to support proposed or ongoing research projects*

- **2013 Doctoral Project Award**

*Awarded to select students to support and promote quality research methodology and best practice procedures pertaining to the doctoral project*

- **2009-2010 Lincoln Public Schools Gold Star Award**

*Each Lincoln Public School faculty and administration nominates one person per school year who demonstrates excellence in community service and educational provision.*

- **2008 Doane College Student of the Year Award (Yearly Dean's Award)**

*Awarded to one graduating student in the Masters of Arts in Counseling program each year that has demonstrated academic and clinical excellence. Student is nominated by his or her peers and Doane faculty.*

## **Professional Affiliations**

<b>Kansas Psychological Association</b> <i>Early Professional Membership</i>	2016—present
<b>American Psychological Association</b> <i>Full Membership (Div 12 and 43)</i>	2010—present
<b>Missouri Psychological Association</b> <i>Student Membership</i>	2013—2015
<b>Delta Kappa: The International Marriage and Family Therapy Honor Society</b> <i>Student Membership—Executive Vice President</i>	2012—2015
<b>American Association for Marriage and Family Therapy</b> <i>Student Membership</i>	2012—2015
<b>Ozark Chapter of Marriage and Family Therapy</b> <i>Student Membership</i>	2010—2015
<b>American Counseling Association</b> <i>Clinical Membership</i>	2007—2010

## **Professional Development**

<b>Achievement Test Administration and Interpretation</b> <i>Glenna Weis, PhD</i>	<b>Springfield, MO</b> February 2013
<b>Love and Logic Certified Facilitator Training</b> <i>Glenna Weis, PhD</i>	<b>Springfield, MO</b> December 2012
<b>SAHMSA Anger Management Certified Facilitator</b>	<b>Springfield, MO</b> December 2012
<b>Trauma-Focused Cognitive Behavioral Therapy Training</b> <i>Online Webinar</i>	<b>Lincoln, NE</b> October 2008
<b>Nebraska Adolescent Perpetration Network Conference</b> <i>Toni Cavanagh Johnson, PhD</i>	<b>Lincoln, NE</b> December 2008
<b>Trauma Informed Care Training</b> <i>Ann Jennings, PhD</i>	<b>Lincoln, NE</b> September 2008
<b>Client-Directed, Outcome Informed Therapy Training</b> <i>Scott Miller, PhD</i>	<b>Lincoln, NE</b> August 2008
<b>Nebraska Adolescent Perpetration Network Conference</b> <i>Jan Hindman, PhD</i>	<b>Lincoln, NE</b> November 2007
<b>Client-Directed, Outcome Informed Therapy Training</b>	<b>Lincoln, NE</b>

Scott Miller, PhD

August 2007

**Strength-Based Approach: Moving from Control to Collaboration  
Trauma Informed Care Training**  
*Beth Caldwell, M.S.*

**Lincoln, NE**  
May 2007

**Myers-Briggs Certified Administrator**

**Lincoln, NE**  
Spring 2007

**Advanced Trauma Informed Care Training**  
*Beth Caldwell, M.S.*

**Lincoln, NE**  
May 2006

**Autism Summit**

**Lincoln, NE**  
March 2006

**Crisis Prevention Intervention Training**  
*Robert House, M.S.*

**Lincoln, NE**  
2000-2007 (yearly training)

**Omaha Home for Boys Youth Worker Certification Trainings**  
Gangs, Behavioral Health, Street Drugs, Crisis Management, Anger, Medication

**Lincoln, NE**  
2002-2005

**Collaborative Problem Solving When Treating Explosive Youth**  
*Dr. Ross Greene*

**Lincoln, NE**  
2000-2009

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## **Professional References**

David Barnum, PhD  
Clinical Supervisor, Advisor, Mentor  
785-550-1018

Dan Wise, PhD  
Clinical Supervisor, Advisor, Mentor  
[DWise@responsivecenters.com](mailto:DWise@responsivecenters.com)  
816-721-3932

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